



Adventure Speyside Outdoor Centre





Adventure Speyside is our residential centre based in the heart of the Cairngorms, near Grantown on Spey.

Sleeping up to 47 people, the centre boasts a comfortable and spacious offering within close proximity to a variety of picturesque landscapes, making it the perfect setting for outdoor adventures.

We can tailor bespoke packages so that you can get the most out of your adventure and stay!



THE CENTRE





You'll find us in Cromdale, a small village within the Cairngorms.

2hrs drive from Aberdeen







Our facility at Adventure Speyside consists of the following:

- 42 Pupil Beds
- 5 School Staff Beds
- Kitchen & Dining Area
- Outdoor Decking
- Lounge Area
- Toilet & Shower Facilities



ACTIVITIES

GORGE WALKING

Slide down natural flumes and rapids, jump into crystal clear pools, climb steep rocky sections and swim behind waterfalls.

HILLWALKING

Enjoy instructor-led walks around hilly and mountainous routes and experience the beautiful scenery on offer throughout the Cairngorms.

CANOEING

Travel down lochs, rivers and exciting fast-paced rapids whilst using a paddle in a canoe, enjoying the scenery along the way.

We have a range of different adventurous activities to offer!

MOUNTAIN BIKING

Explore different routes whilst riding mountain bikes off-road through the trees and along the river banks.

ROCK CLIMBING & ABSEILING

Climb up and across rocks and enjoy the thrill of abseiling back down again using a rope with an instructor in a safe and controlled environment.



Example WEEK ITINERARY

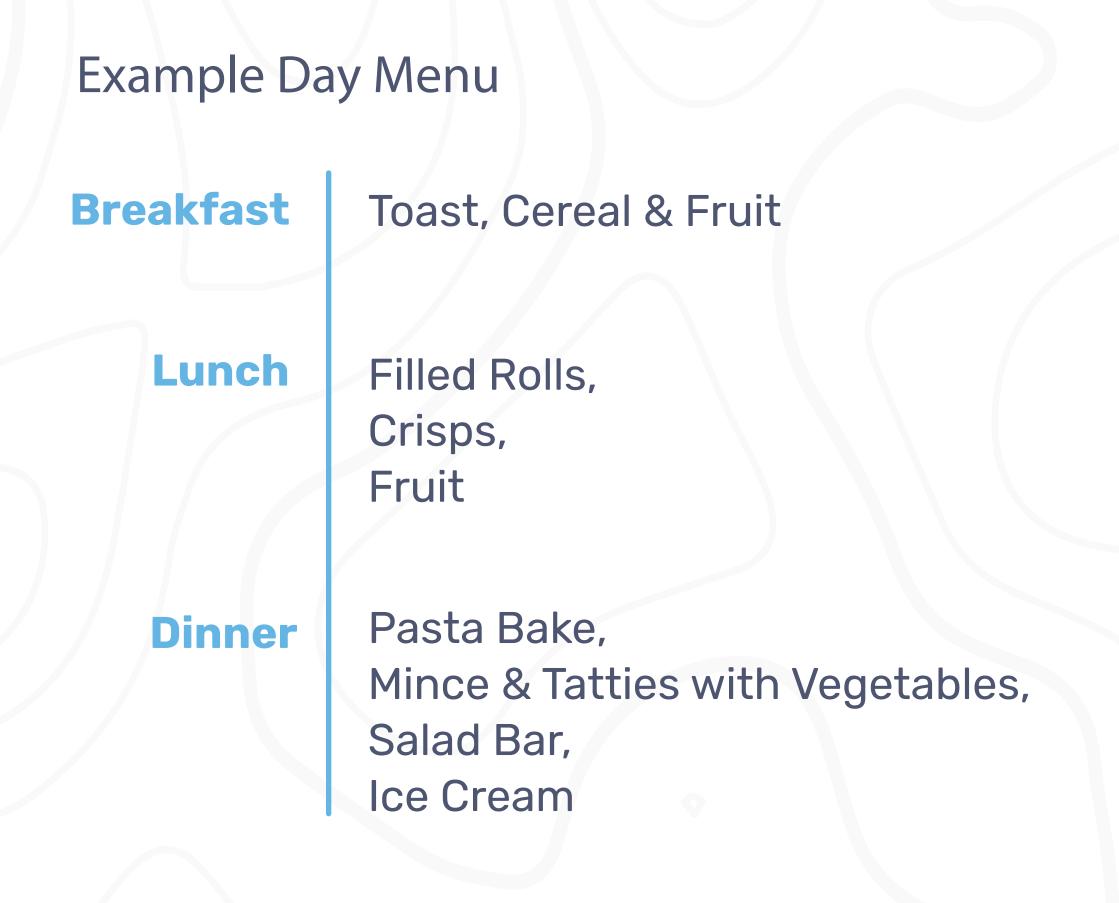
The table below shows an example of a week-long itinerary, this can be tailored to each group and their needs.

		Group 1	Group 2	Group 3	Group 4
Monday	am	Arrive	Arrive	Arrive	Arrive
	pm	Highland Games	Highland Games	Highland Games	Highland Games
	eve	Night Walk	Night Walk	Night Walk	Night Walk
Tuesday	am	Gorge Walking	Wilderness Skills	Canoeing	Biking
	pm	Wilderness Skills	Gorge Walking	Biking	Canoeing
	eve	Night Line	Night Line	Night Line	Night Line
Wednesday	am pm	Hill Walk	Hill Walk	Hill Walk	Hill Walk
	eve	Team Games	Team Games	Team Games	Team Games
Thursday	am	Canoeing	Biking	Gorge Walking	Wilderness Skills
	pm	Biking	Canoeing	Wilderness Skills	Gorge Walking
	eve	Scavenger Hunt	Scavenger Hunt	Scavenger Hunt	Scavenger Hunt
Friday	am	Independent Walk	Independent Walk	Independent Walk	Independent Walk
	pm	Head Home	Head Home	Head Home	Head Home

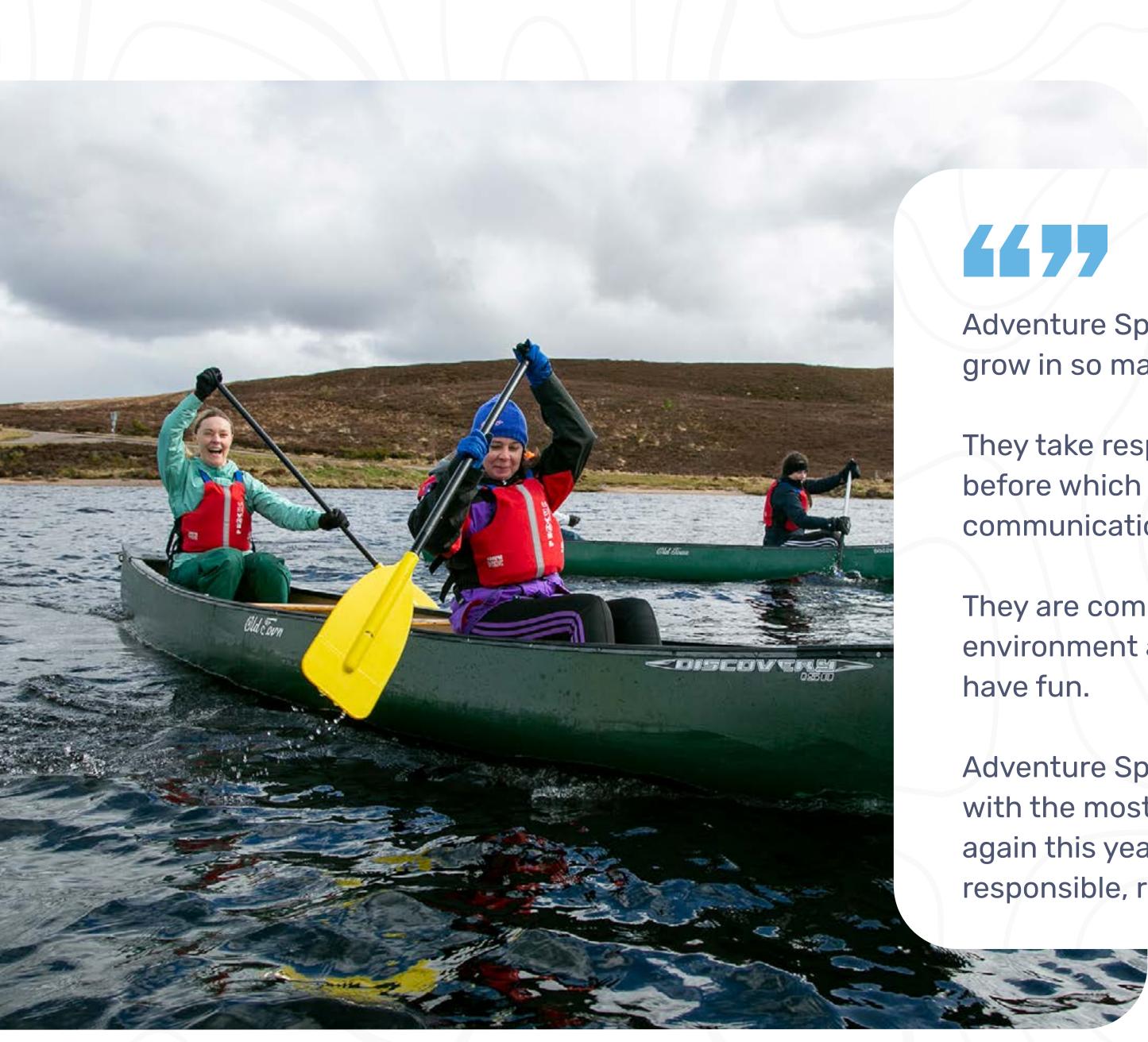


WHAT YOU'LL EAT

Young people will get to enjoy three meals per day including an afternoon snack, with plenty of healthy choices available.







School Testimonial

Adventure Speyside is a place where children meet the outdoors and grow in so many ways.

They take responsibility for themselves in a way they haven't done before which enables them to develop their skills in co-operation, communication and organisation.

They are completely responsible for the first time for managing their environment and ensuring it is clean and safe while still managing to

Adventure Speyside helps to develop essential skills in a setting with the most amazing staff, food and scenery. We are going back again this year and look forward to seeing the children learn to be responsible, resilient and reliable.

- Lisa Walker, Head Teacher





Ready for your next adventure?

If you have anymore questions please contact <u>adventureaberdeen@sportaberdeen.co.uk</u> or call 01224 270990 and we will be happy to answer any of your queries.

See what else we get up to!

